



### ***Italy for Women***

Fashion, Design, Style, Cuisine, Art and Culture: Italy is one of the most important art and fashion country in the world. No one better than women can appreciate our valuable heritage. An amazing journey through our Land only for Ladies discovering Italy, the Art and Fashion Country!

## **Program Proposal**

### **DAY 1 - Rome**

Arrival in Rome at the airport. Pick up by a chinese speaking assistant. Transfer to the Hotel by private transport.

Check in, welcome dinner and overnight stay.

### **DAY 2 - Rome**

After breakfast transfer to the Fori Imperiali area in the very center of Rome.

**Rome.** The capital. It cannot be described in two words. You should see and live it.

Over 16% of the world's cultural heritage is located in Rome and 40 % of all Italy. Rome is the only city in the world to host an entire foreign country within its borders, the enclave of the Vatican City, and it is for this very reason that it is referred to as the capital of two Countries. **Welcome, this is The Eternal City.**

Free time for shopping or relaxing

In the afternoon transfer to Tuscany's Hills. Tuscany hills are famous all over the world:

Landscapes and nature are really amazing.

Dinner at the hotel in Siena's Hills.

Overnight stay.



### **DAY 3 - Montepulciano - Tuscany**

After breakfast departure for **Montepulciano**.

According to the legend, it was founded by the Etruscan King Lars Porsena of Chiusi; recent findings prove that a settlement was already in existence in the 4th-3rd centuries BC.

In Roman times it was the seat of a garrison guarding the main roads of the area. The main street of Montepulciano stretches for 1.5 kilometers from the Porta al Prato to the Piazza Grande at the top of the hill. The city is renowned for its walkable and obviously for its Nobile wine.

Near this little town you will have a special tasting of the famous Pienza sheep cheese. During spring and summer it is possible to have wonderful pic nics on the gentle Tuscan Hills, watching its marvellous landscape, eating good food, drinking good wine and relaxing.

The trip will continue toward **Pienza**. Tour of the town.

It is a rare example of Renaissance town building. Defined, from time to time, the "ideal city", the "utopian city", it represents one of the best planned Renaissance towns.

The journey will continue towards **Montalcino**

On the way stop in one of the most interesting and striking vineyard in the world. You will have the chance to visit a one of a kind vineyard: it is a farm with a wonderful view on Tuscan hills, but it's not just a matter of panorama, this vineyard estate is very particular because here grapes grow strong and healthy thanks to classic music.

Today your last stop will be at **Casato Prime Donne**. Here there are 16 hectares of Sangiovese vineyard and the winery for the production and ageing of the **Rosso** and **Brunello di Montalcino wines**. The winemakers are all women. The surrounding landscape of the Val d'Orcia has been declared by Unesco an important part world heritage site. **Casato Prime Donne** is the first winery in Italy with a *female staff*.

Dinner in a typical tuscan restaurant.

Transfer back to the Hotel and overnight stay.



## **DAY 4 - Siena**

After breakfast transfer to **Siena**.

Half day guided tour of this beautiful and ancient town. Siena's origins are Roman event if nowadays it represents the perfect model of an Italian medieval town.

Its actual shapes are the same of those of the XVI century, a moment of artistic and economic grandeur of the city. It is possible to begin from San Domenico Church, a majestic Basilica of gothic origins, erected by the Dominican in the XIII Century, and continue to Piazza del Campo that is world renowned for the Palio, maybe the craziest horse race of the world.

In the square you can admire Palazzo Pubblico, symbol of independence and economical power of the Senese State and the Mangia Tower. The Civic Museum holds a special interest as boasts some marvellous artistic productions such as the famous Maestà by Simone Martini and the frescos of the Good Government by Ambrogio Lorenzetti.

Light lunch in a typical restaurant.

After Siena, transfer to **Chianti area** for a very special experience: the **Perfume Event**.

You will be welcomed in a typical tuscan country house where you will get known the cultivation of perfumed plants, the special processes to make perfume, and the history of perfume in Italy.

After a little introduction an expert will be on your side and will help to make your own perfume! It is a very interesting activity and you will have the chance not only to create your scent but also to bring it back home as a very special souvenir.

Transfer back to the hotel and overnight stay.



## **DAY 5 – San Gimignano**

After breakfast transfer to **San Gimignano**, a gorgeous small town that dominates the Valdelsa.

It is renowned for its very high standing towers in the old town; once the towers were 72. Walking along the streets of the centre you can admire the marvellous monuments of the town as the Collegiata where in its interior you will discover the masterpieces of Taddeo di Bartolo, Benozzo Gozzoli, Jacopo Della Quercia and Bartolo di Fredi.

This morning it's time for **cooking!** After a brief visit to the farm you will prepare your own typical Italian lunch. This funny activity will give you the chance to work together, to enjoy helping each other and also to have fun.

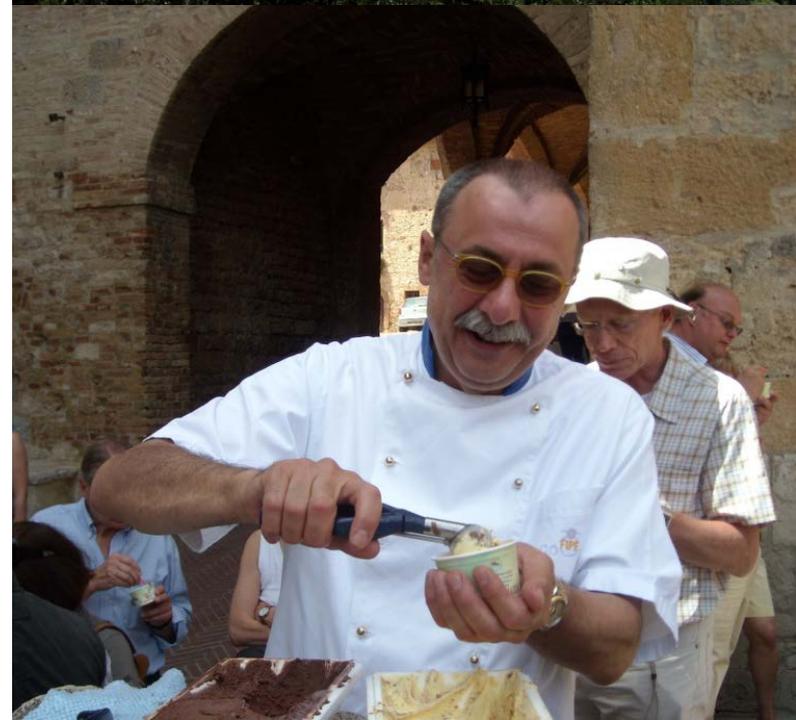
Italian culinary traditions are part of Italy's heritage and its cuisine is appreciated all over the world. Tuscan people have always had a natural bent for cooking and for exalting the natural taste of the Region's products. Our cooking class is a true cultural experience, you'll learn about our traditional cuisine while being in the beautiful Tuscan countryside.

After lunch brief visit of the town and tasting of the *best ice cream* of the World! The "Gelateria" has won the Ice Cream World Championship twice. Here every ice cream is made with very high quality ingredients and using the typical products of the area such as the San Gimignano Saffron.

After this greedy stop transfer to **Volterra** and visit of this Etruscan town that dominates the Cecina and the Era Valleys. The old town that is conserved between the ancient walls is reach of monuments: Priori Square, the cathedral, the baptistery and the rests of a Roman Theatre. The little handcrafts shops of alabaster offer an exciting visit. It is a very soft pure stone that is simpler to work than the marble and for this reason is perfect to reproduce details and ornaments.

Transfer to the Hotel in **Florence**.

Dinner and overnight stay



## **DAY 6 - Florence**

After breakfast half day guided tour **of Florence**.

Your guide will escort you in the very heart of the city and will make you discover the unique monuments and artistic richness.

The visit of Florence offers a wonderful panoramic of the most important places of the town: the Dome square and the Cathedral, the Giotto Bell and the Baptistery.

The visit continues with the Signoria square and Palazzo Vecchio with the suggestive Ponte Vecchio, where you can find famous ancient goldsmith shops along the street. Than it is also possible to visit the Santa Croce Basilica that holds several works of art like the famous Giotto's fresco and where there are the tombs of many Italian celebrities.

Free time for lunch.

Visit of **Ferragamo Museum**. The museum contains 10,000 models of shoes created and owned by Ferragamo from the 1920s until his death in 1960. Following Ferragamo's death the collection was expanded by his widow and children. The museum also includes films, press cuttings, advertising materials, clothes and accessories from the 1950s to the present day..

After Ferragamo, visit of another important fashion museum:

### **GucciMuseum.**

Gucci is one of the most important and renowned clothes brand of the world. In this museum you will find lots of Gucci collections.

These are two of the most important Italian fashion museums.

Transfer back to the hotel.

Dinner and overnight stay.



## **DAY 7 - Lucca**

After breakfast transfer to **Lucca**, the town of Giacomo Puccini.

Visit of this very nice town.

The old town of Lucca is a small medieval town in Tuscany; it is one of the very few cities in the world that conserves its Walls still intact. You will breathe the unique atmosphere of this town where past and present combine harmonically in the narrow streets, in the elegant palaces and in the small shops. The town is very small but has a lot to offer: Walls perfectly preserved, the Cathedral of S. Martino, the Amphitheatre square, and the Guinigi tower.

Free time for lunch.

In the afternoon transfer to one of the most beautiful places to relax and have excellent beauty and wellness treatment.

The facility benefits from its very own **thermal Grotto**, a fascinating natural cave with a hot water underground lake in which guests can enjoy a relaxing and detoxifying steam bath. In addition to the steam baths, the Spa offers mud therapy, ozonised baths in thermal water, massages, inhalation treatment, a new area for Oriental Disciplines, a gym center , an avant garde Aesthetic Medicine Centre and a spacious relaxation zone. The new open-air thermal swimming pool, a high-tech facility measuring 750 sq. m., with a large and spectacular waterfall and underwater hydromassage in spa water.

Light dinner. Transfer back to the hotel and overnight stay.



## Day 8 - Milan

After breakfast transfer to **Milan**.

On the way to Milan, stop in **Fidenza Outlet**.

The most important outlet in Italy. It's a little town where you will find every kind of shop.

Milan, the famous Italian city is one of the most beautiful cities in Europe.

Here you can find all the greatest design houses that have earned worldwide fame for the words "Made in Italy": Via della Spiga, Via Montenapoleone, Via Manzoni and the central section of Corso Venezia are the places to be for those who love famous brands.

But Milan is not just only fashion. In the centre of the city you can take in the symbols of the city such as Piazza del Duomo, with its magnificent cathedral, Palazzo Reale, the Arengario and Palazzo Carminati.

In the foreground stands the monument to Vittorio Emanuele II by Ercole Rosa (1896) and nearby, Piazza Mercanti, a remnant of Medieval Milan. The elegant ambience makes the Galleria Vittorio Emanuele II a wonderful pedestrian mall that connects the Piazza Duomo to the Piazza alla Scala. Found at the end of the gallery, the square is bordered on one side by the theatre that bears the same name as the square, La Scala, and on the other side, by Palazzo Marino. In the centre of the square there is a monument to Leonardo.

Dinner at the Hotel, overnight stay.



### ***Day 9 – Milan***

After breakfast time to enjoy your last day as you prefer.

You can visit the city by yourself, you can shop around or simply relaxing.

Free time for lunch.

After lunch, transfer to Milan airport for your flight.

See you Soon in Italy!

**P.S. and now we are waiting for your husbands for their “Ferrari and Football” Tour in Italy!**

